St Matthew's School Wellness and Health Policy

Wellnessness Policy

To help prevent the spread of colds and other communicable diseases we advise keeping a child home if he / she showing signs of illness, including:

Runny nose Cough

Fever of 99 degrees or more Swollen glands

Diarrhea or Vomiting Chills

Skin rash Drainage from the eye

Staff will contact parents for early pickup if any symptoms develop or are observed during the school day. Children must be symptom free for 24 hours before returning to school.

Proof of a doctor's treatment will be needed for in the event of the following illnesses:

ImpetigoMumpsChicken PoxStrep InfectionMeaslesGerman MeaslesWhooping CoughMononucleosisConjunctivitis

Pediculosis* (head lice) COVID-19

*Children with Pediculosis (head lice) must have been treated and be nit free to return to school.

We will follow all guidance from the CDC, PA Dept of Health and the Chester County Health Department as it relates to communicable diseases.

Health Policy

The health and safety of our staff and children are very important to us. Therefore we use the following guidelines.

<u>Hand washing</u> is required before snack and after bathroom use.

<u>Fire drills and Lock Downs</u> will occur throughout the year.

<u>Accidents and Injuries</u> will be treated with administering of Standard First Aid Procedures. An incident report will be completed. In the event of a more serious accident, parents or emergency contacts will be notified.

<u>First Aid / CPR Trained</u> individuals will be on staff at all times.

<u>Immunizations</u> need to be kept current and a copy of current immunizations is to be kept on file in the school office.

<u>Medication</u>: It is St. Matthew's School's policy not to administer medication to students (excluding EPI pens). All requests for administration of medication will be reviewed by the school board on a case by case basis.

Last updated July 29, 2022

Please return the bottom portion of this document to the school.

I have read, understand and agree to abide by St Matthew's School's Health and Wellness Policy. I agree to keep my child home if they are showing any signs or symptoms of illness.

Child's Name:	
Parent Name:	
Parent Signature:	
Date:	